#### **About The Zohar?**

The Zohar is considered to one of the most powerful spiritual tools on earth. Revealed more than 2,000 years ago, the Zohar is a spiritual text that explains the secrets of the Bible, the Universe and every aspect of life.

<u>The Zohar</u> is a collection of commentaries on the Torah, intended to guide people who have already achieved high spiritual degrees to the root (origin) of their souls.

*The Zohar* contains all the spiritual states that people experience as their souls evolve. At the end of the process, the souls achieve what <u>Kabbalah</u> refers to as "the end of correction," the highest level of spiritual wholeness.

To those without spiritual attainment, *The Zohar* reads like a collection of allegories and legends that can be interpreted and perceived differently by each individual. But to those with spiritual attainment, i.e. Kabbalists, *The Zohar* is a practical guide to inner actions that one performs in order to discover deeper, higher states of perception and sensation.

#### 2. Who Is The Zohar For?

As mentioned in answer no. 1, *The Zohar* was written for people who have already achieved spiritual perception. It contains the depictions of Rabbi Shimon Bar Yochai (Rashbi), who attained all 125 degrees of the spiritual ladder of degrees. Rashbi expressed the entire spiritual path and titled it *Zohar* ("radiance" in Hebrew).

*The Zohar* is built so that only those who achieve a certain spiritual level can benefit from what they read in it. Prior to studying *The Zohar*, one needs to study other texts that teach how to properly approach the text in *The Zohar*.

### 3. Who Wrote The Zohar, & When?

According to all Kabbalists, and as the beginning of the book writes, *The Zohar* was written by Rabbi Shimon Bar Yochai (Rashbi), who lived in the 2<sup>nd</sup> and 3<sup>rd</sup> centuries CE. There are views in scholastic circles stating that *The Zohar* was written in the 11<sup>th</sup> century by Kabbalist Rabbi Moshe de Leon. This view was contradicted by Rabbi Moshe de Leon himself, who said that the book was written by Rashbi.

In the Kabbalistic approach, the question of **why** *The Zohar* was written is far more important than the question of **who** actually wrote it. The purpose of *The Zohar* is to be a guide for people to attain the origin of their souls.

This path to the origin of one's soul consists of 125 stages. Rabbi Yehuda Ashlag writes that a Kabbalist who has passed these stages and shares the same perception as that of the book's author, sees that its author could be none other than Rashbi.

## 4. Why Was The Zohar Hidden For So Long?

*The Zohar* was kept hidden for 900 years, between the 2<sup>nd</sup> and the 11<sup>th</sup> centuries CE, since those who possessed its wisdom understood that at the time, people did not need it and would misunderstand its contents.

Only in the 16<sup>th</sup> century CE did a Kabbalist arise who explained the fundamentals of Kabbalah - The Holy Ari, Rabbi Isaac Luria (1534-1572). The Ari stated that from his time on, the wisdom of Kabbalah was ready to be opened to everyone.

Commentaries on the works of the Ari and *The Zohar* appeared only in the 20<sup>th</sup> century - the century that saw the fiercest outburst of human desires in history. During this period, a unique soul appeared - that of Rabbi Yehuda Ashlag (Baal HaSulam). Baal HaSulam explained the wisdom of Kabbalah in a way our generation could understand.

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Moreover, Baal HaSulam was the only Kabbalist in the 20<sup>th</sup> century who wrote commentaries on *The Zohar* and on the works of the Ari.

This does not mean that there were no great Kabbalists before him, but only that their works are not easily understood by contemporary students. Today's popularity and high demand for Kabbalah testify to our generation's readiness to absorb its universal message, and to comprehend the authentic texts that speak of the root of our lives and how to attain it.

### 5. Where Do I Find Out More About The Zohar?

*The Zohar* cannot be understood and felt directly, but requires preconception of spirituality, before one approaches the book. The greatest Kabbalist of our time-Rabbi Yehuda Ashlag (Baal HaSulam)-wrote introductions to *The Zohar* precisely to guide one's approach to this profound book prior to studying it.

Such articles cultivate one's spiritual qualities to perceive the Higher reality. Additionally, these texts provide knowledge of how to approach certain terms, phrases, and concepts in *The Zohar*, to maximize its use as a guide for spiritual attainment, avoiding being lost in materialized depictions that the human mind is prone to form.

Discovering *The Zohar* means discovering your inner world and your unlimited potential. Bnei Baruch wishes you success in your spiritual advancement!

**If you're interested in** *The Zohar* and everything it has to offer at a deeper level, I recommend that you fist study the fundamentals of Kabbalah.

Please note however, Celestial Grace offers a complete English interpreted version of the Zohar on our website.

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May the grace of God be with you always --- Amen.

Pastor Andy Anderson Celestial Grace Ministry

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