

# Celestial Grace Ministry

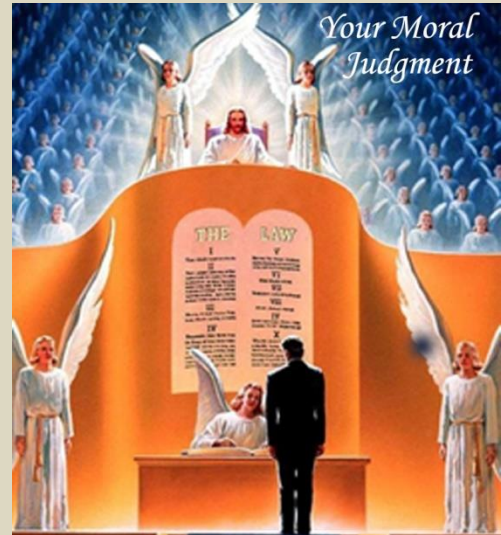
## About Pornography Addiction

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### **Pornography – A Moral Corruption:**

Mere decades ago, saying [porn](#) in public might have resulted in sideways glances and quieted conversations. Now, porn is a mainstream pastime—and it ushers in several real-world [problems](#).

According to Men’s Health, the World Health Organization now recognizes porn addiction as a behavioral disorder.



Dubbed Compulsive Sexual Behavior Disorder (CSBD), the condition is defined as “a persistent pattern of failure to control intense, repetitive sexual impulses or urges resulting in repetitive sexual behavior.”

Health professionals may disagree on the exact parameters porn addiction should take. However, many experts understand the need to help people who are watching porn to the detriment of physical health, work, personal relationships and their self-esteem and moral character.

Despite the new WHO classification, clinicians say they’ve been helping people with porn addiction for years, reports Self magazine.

That suggests that many people view their porn-watching as problematic, morally and spiritually wrong.

If these patients actively want to overcome porn addiction, shouldn’t healthcare professionals be prepared to help them? Shouldn’t spiritual leaders use their divine resources to try and help them?

# Celestial Grace Ministry

## About Pornography Addiction

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Defining the problem and creating diagnostic criteria are steps in the right direction. However, other organizations in the United States haven't yet classified this as a condition, states Men's Health.

Because of that, there stands a hole in available treatment for overcoming porn obsession.

### **Problems with Pornography:**

While health organizations play catch-up on this disorder, both men and women are taking in high amounts of porn content.

The famed explicit site Pornhub recently stated that its site received over 30 billion hits in 2018, reports Esquire. Of those hits, the United States was the biggest consumer.

Americans stayed on the site longer than any other nationality, and their time spent viewing porn increased from the previous year.

According to Covenant Eyes, an Internet accountability software company, roughly 28,000 users are watching pornography every second. Users are also spending around \$3,000 on porn every second. For mobile Internet users, 1 out of every 5 mobile searches is for porn.

Women aren't excluded from this heavy porn-watching either. Pornhub released information in 2017 that revealed women are spending more time watching pornography than men, reports anti-porn advocacy group Fight the New Drug.

Women were also more likely to search for harder versions of porn than men. The fact is that women are more susceptible to the moral corruption from pornography than men are.

# Celestial Grace Ministry

## About Pornography Addiction

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Many people argue that these numbers suggest a natural need for humans to gratify themselves through viewing and participating in pornographic activity. However, allowing porn as a social norm could have far-reaching consequences.

Covenant Eyes states that 56 percent of divorce cases involved a partner's obsessive interest in pornography sites. In addition, 64 percent of Christian men and 15 percent of Christian women report watching porn at least once a month. This is a departure from the teachings Christians adhere to in their worship.

These statistics show that many people are watching pornography at the expense of their loved ones and religious beliefs.

Next, people undergoing sexual recovery often identify porn with addiction symptoms, says sex addiction expert Robert Weiss to Self. Weiss is a certified sex addiction therapist (CSAT). According to him, these patients often mention obsession and negative consequences in relation to their porn habits.

Then, there's the potential for damaging a person's health. Of course, those neglecting hygiene, diet and personal relationships could experience mental and physical health problems.

But the consequences can go even farther, stifling arousal and erection (in men) during real-life intercourse, says Men's Health.

If nothing else, viewing pornography gives both men and women an unrealistic expectation of the human body. Users can lose pleasure in intimacy with their partners.

This can cause depression, disappointment and a breakup of the relationship, as well as decay in their moral character.

# Celestial Grace Ministry

## About Pornography Addiction

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For those already steeped in porn addiction, you can overcome the problem—but you'll have to reach out for help.

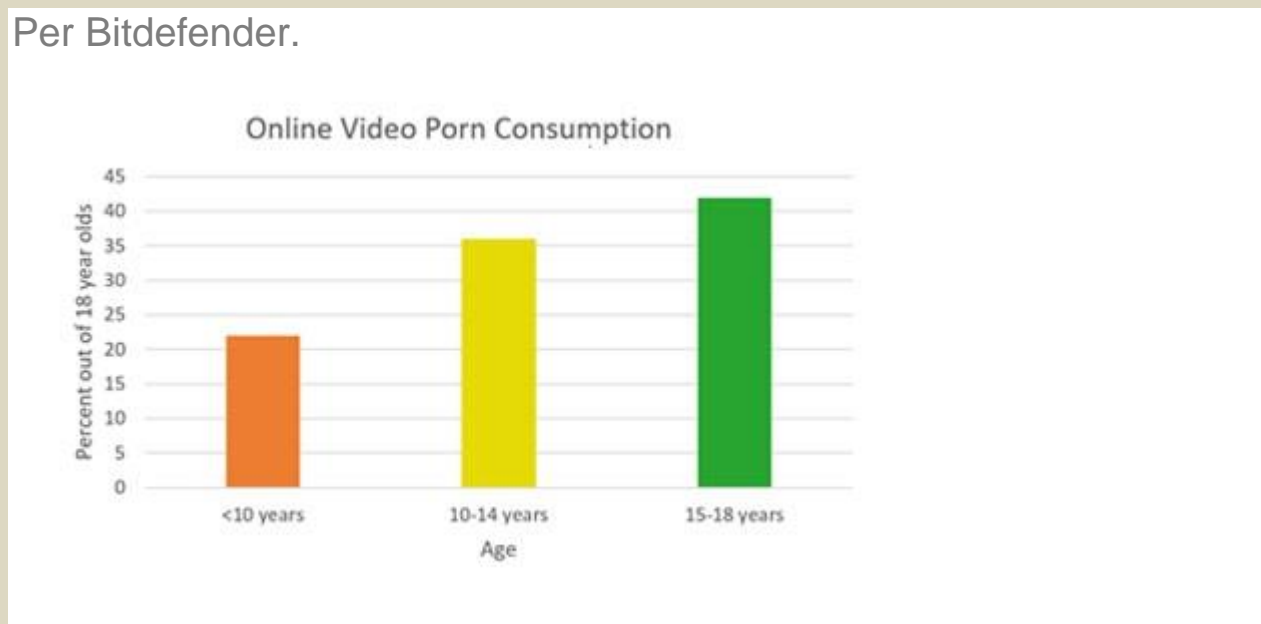
**Another startling concern is the amount of children that are viewing pornography.**

Small children typically view pornography accidentally at home by clicking a link or mistyping a Google search. Most parents would be shocked on how pornography is just 2 clicks away on some of the most popular sites and apps your child may be visiting.

**At Least 1 out of every 10 Kids Under The Age of 10 Have Viewed Pornography**

Most statistics on pornography use say the average age of a child's first exposure to pornography is 11 years old. New research however, from the security technology company Bitdefender, has reported children under the age of 10 now account for 22% of online porn consumption under 18-years old.

Per Bitdefender.



# Celestial Grace Ministry

## About Pornography Addiction

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Particularly alarming is that the site most visited by children under 10 include porn mega sites like Pornhub. The less than 10 age group is now accounting for one in 10 visitors to porn video sites, per Bitdefender.

### **Pornography Addiction is a Worry For 10% of 7<sup>th</sup> Graders:**

NPCC ChildLine recently released a report that found a tenth of 12 to 13-year-olds fear they may actually be addicted to pornography. 10% of children in the 7th grade have stated that they are watching enough porn to be concerned that they may have an addiction issue and not be able to stop.

Many experts believe this is due to two primary issues: mobile accessibility and desensitization at an earlier age. “Young people are turning to the internet to learn about sex and relationships.

We know they are frequently stumbling across porn, often unintentionally, and they are telling us very clearly that this is having a damaging and upsetting effect on them” said Dame Esther Rantzen, founder of ChildLine.

Per Google Analytics, pornography searches increase by 4,700% released a report when children are out of school.

### **What You Should Do if You Suspect Your Child Has Seen Porn:**

If you have discovered that you child has seen pornography, it is normal to feel alarmed and protective. Prolonged exposure to pornography can have long-term damaging effects on your child.

While there is nothing that can be done to help your child “unsee” what they have “seen”, you can communicate with them about it.

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## **About Pornography Addiction**

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The best course of action may be address their online viewing choices in an age-appropriate conversation being careful not to over react or choose language that may cause shame or guilt.

For suggestions on how to have and start an age appropriate conversation on exposure to pornography click [here](#).

### **How Can Parents Protect Their Child Form Pornography:**

Model positive behavior you want your child to emulate. Parents know that small children mimic what they watch. If a child sees love, kindness, and cooperation, these traits are copied.

If you want your child to only watch G-rated videos, make sure those around your child's young eyes also limit the content to G-rated options on their screens.

Take preventive measure by locking PCs, tablets, and smartphones with a safe browser or Internet filter to eliminate the availability of pornography for kids and teens.

To see a list of parental controls software from a third-party review website, go to [Top Ten Reviews](#) and [PC Magazine](#) search for "parental controls" software. In this category, Net Nanny is the market leader.

If the images they view are explicit and don't depict love, explain to your kids that this is not a sign of a healthy and happy relationship. Explain to them age-appropriate ways to express love and affection to others.

It is never too soon to have a conversation on what is appropriate to share with others.

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## **About Pornography Addiction**

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If your child is old enough to understand, let them know it is illegal for them to take explicit pictures or videos, view pornography, or share pornography as a minor. Most importantly, explain to them WHY sexting is dangerous behavior and the consequences that can come from it including legal ramifications.

By educating kids on what a good relationship should be like, and installing parental control software, parents are taking control of this situation.

And even if their children view inappropriate content on a friend's device, they will be better prepared to handle accidentally seeing pornography without it having a strong effect.

The bottom line – don't let pornography morally corrupt your children's mind and soul.

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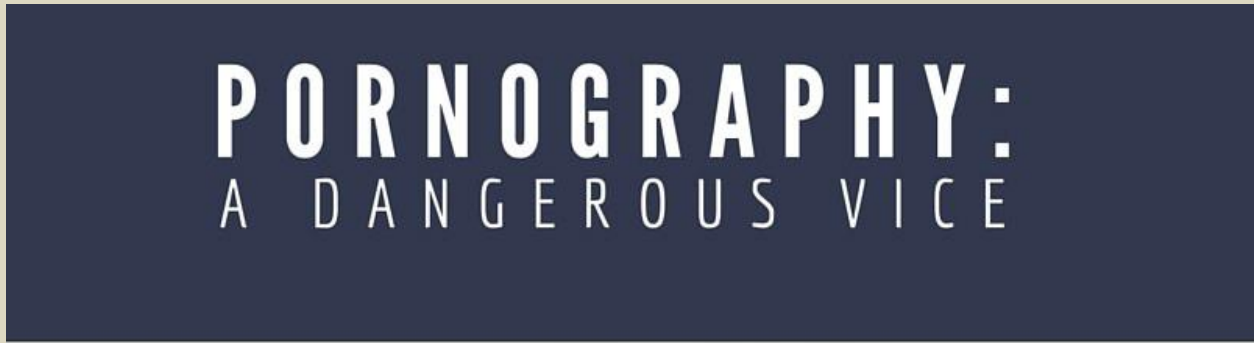
# Celestial Grace Ministry

## About Pornography Addiction

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Sincerely,

*Pastor Andy Andersson*

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[Back To Home Page](#)

May the grace of God be with you always --- Amen